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Being reminded that I am perishable, that I am dust, and that I will return to dust serves to awaken me to the fact that I am on that beautiful journey between dust to dust that we call life.

Paul Brandeis Rauschenbush

Faith in the Future



Last Sunday, the church entered the liturgical season of Lent. Lent is a 40-day period of reflection, prayer, and sometimes fasting that takes place before Easter. Lent began on Ash Wednesday, which is always six weeks before Easter, which falls on April 9 this year. During these six weeks, we prepare our hearts, minds and bodies through self-examination,

penance, and renewed devotion to God as we anticipate the joyous celebration of Easter morning.

Many people give something up, but that's only one aspect of the season. Traditionally, Lent has three parts: fasting, prayer, and almsgiving. If prayer doesn't make sense to you, then make a commitment to daily meditation or journaling – whatever helps you to examine your life. If you have the means, pick a charity to donate to throughout the season. It's also possible to combine Lenten practices, for example, giving up your daily Starbucks and donating the savings to help those in need.

One important thing to remember is that Lent begins and ends with a joyous celebration! We began Lent at MCC Toronto with a fabulous pancake feast in our newly renovated Social Hall, and we will end it with a jubilant celebration of Easter and resurrection. That's one of the reasons that we're calling our Lenten sermon series "Faith in the Future" because here at MCC Toronto we have so much to look forward to.

Rev. Deana Dudley,
Acting Senior Pastor

A Special Benediction

At our last Sunday Worship Service, Rev. Jeff Rock delivered a very special Benediction. Follow the link below to watch!



Musical Guest



Geneviève Trudel is our musical guest this Sunday!

Geneviève (she/they) is a young and passionate musician born and raised in Toronto, Ontario. From the moment she could talk, she wanted to sing. She was always drawn to the stage, leading her to perform in musicals and sing in an adult church choir at age 10. Working as a soloist, she has a well-rounded repertoire and wants to share her love of music and perform with the world.

[CLICK HERE TO JOIN US FOR THIS SERVICE ONLINE](#)



February's Angels of the Month are all the volunteers who helped out in the Social Hall and Community Kitchen during our special dedication reception on February 19 and our Ash Wednesday Pancake Supper on February 22.

Please join us in appreciating their hard work and devotion to our community!

Town Hall | Mar 5 | 12:45 PM

As previously announced, the next Town Hall with MCC Toronto's Board of Directors will take place on **March 5** in the Sanctuary beginning at **12:45 PM**, and we anticipate that the meeting can run for up to 2 hours, if discussion warrants. The Town Hall will be facilitated by Rev. Deana Dudley. The Board has already received a number of questions in advance. If you have a specific question you would like answered, please send to the Board in advance via bofd@mcctoronto.com.

The Town Hall will also be livestreamed, and you can submit questions online via the chat function on YouTube.

[WATCH THE TOWN HALL HERE](#)

Children's Church | Returns March 12

Bi-weekly Children's Church returns **Sunday, March 12**, for kids from kindergarten to grade five. No registration is required but please click [here](#) to tell us about your child/children should you be interested in having them take part!



Volunteers have always been at the heart of MCC Toronto. We would not be the strong, inclusive and welcoming community we are, without the support and dedication of volunteers who help support our Worship Services and our other public programs.

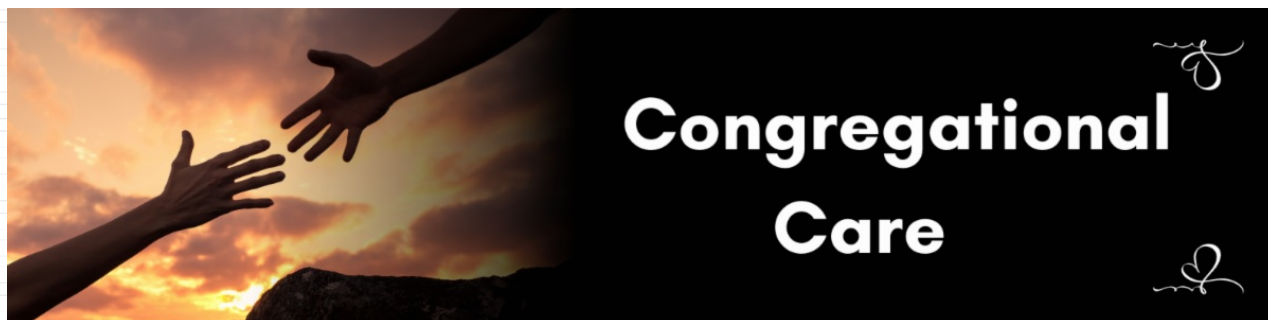
Right now we need volunteers for our **Triangle Program Lunches and Information Desk**.

To sign up for these or other opportunities, please click the link below.

[SIGN UP TO VOLUNTEER HERE](#)



It is always a pleasure to acknowledge and celebrate members and congregants enrolled in our weekly and monthly giving program! The on-going support of our 300+ sustaining donors is so critical to the work MCC Toronto does everyday, and we are extremely grateful for your gifts. However, like a lot of churches, MCC Toronto has seen our weekly and monthly contributions decline over the past two years. Today, we invite you to consider joining our family of weekly or monthly donors. Whether your gift is \$5 a week, or \$25 a month, every bit helps support our operations. You can sign up on our [website](https://www.mcctoronto.com) or contact giving@mcctoronto.com for more information.



Taking care of each other is more important than ever these days, and if you are in need of some care we are here for you. Just hop on the link below and fill out the form to let one of our pastors know about your needs.

Want to learn more about our Congregational Care program? [Watch this video by Rev. Junia Joplin!](#)

[REQUEST CONGREGATIONAL CARE HERE](#)

Every Gift is a Blessing. Please consider making a gift to MCC Toronto.

[DONATE](#)

This Week at a Glance March 5 - 11

Sunday:

11 AM - Online and In-Person Sunday Service

12:45 PM - Town Hall

Tuesday:

7 PM - [Bible Study](#)

Thursday:

10:30 AM - Ever Wonder Group Discussion

(Email: everwonder@mcctoronto.com)

3 PM - [Digital Fellowship Hall](#)



Bible Study
Tuesday| 7:00 PM
[ZOOM Link](#)
Meeting ID: 897 1945 8479
Password: 559690

Digital Fellowship Hall
Thursday| 3:00 PM
[ZOOM Link](#)
Meeting ID: 889 7843 8853
Password: 560461



Sunday Service Worship
Online | 11 AM | In-person | MCC Toronto YouTube

Questions? Comments? Inquires?
We'd love to hear from you!

Connect with us at communications@mcctoronto.com



Sent with love 

