Because of a very special announcement tomorrow, we're sending you this week's Query a day early!





"You give but little when you give of your possessions. It is when you give of yourself that you truly give."

- Kahlil Gibran

# Rev. Dr. Brent Hawkes Celebrated with Naming of Interfaith Chapel

As part of a Major Congregational Announcement made at the April 24 Worship Service, Rev. Jeff Rock was proud to announce that the Interfaith Chapel – located at the back of the Sanctuary – will be renamed the "Rev. Dr. Brent Hawkes Interfaith Chapel" in honour of Rev. Brent's longstanding commitment to human rights and MCC Toronto. The naming will be in perpetuity.

Beyond the designation of Rev. Brent as Senior Pastor Emeritus, MCC Toronto has long sought to further enshrine and celebrate Rev. Brent's remarkable legacy. To the board and staff team, the renaming of the Interfaith Chapel provided the perfect opportunity to further recognize Rev. Brent, particularly because of the important work he did in building interfaith bridges during his 40 years at MCC Toronto, and continues to do through his new organization Rainbow Faith and Freedom.

You can watch a video of Rev. Jeff's announcement and Rev. Dr. Brent's response below.



Please join us in congratulating Rev. Dr. Brent Hawkes on this honour. A sign with the new naming will be installed above the Chapel doors in 2023.

## National Volunteer Week (April 24 – 30, 2022)

I have the great honour and pleasure to be able to work with a superb team of volunteers every week as we prepare for and help deliver Worship Services at MCC Toronto. For the past year, volunteers have responded with enthusiasm and integrity as we were in and out of lockdown, back in-person for 11 AM services only and also for both 9 AM and 11 AM Services. Through it all, our volunteers adapted and thrived, and always with a smile!

Next time you take part in one of our Worship Services, whether in-person or online, please take note of all of the volunteers who are integral to the spiritual work we do and, whenever possible, thank them!

During National Volunteer Week, I'm also thinking of those of you who have volunteered in the past and for many reasons, have not been able to volunteer more recently. We miss you and look forward to seeing you when possible.

Volunteers, we thank you for all of your service, past and present!

- Sheryl Pollock, Worship Logistics Lead



This Sunday, our "Reel Theology" Sermon Series continues with a look at "The Eyes of Tammy Faye".

A reminder that you don't need to see the film to be able to enjoy our Lesson for Life!

May 1 May 8 May 15 May 22 May 29 The Eyes of Tammy Faye
Everything Everywhere All At Once
Luca
Encanto
CODA



**CLICK HERE TO JOIN THIS SERVICE ONLINE** 

# MEN'S RETREAT is back!

All those who self-identify as male are welcome.

May 27-29, 2022



MCC Toronto's Men's Retreat is back! Led by Co-Chairs Fabian Walsh and Kevin Willcock, this annual men's pilgrimage provides an opportunity for individual and group reflection in a safe and respectful space, all the while celebrating spirituality and togetherness in a beautiful country setting.

This year's theme: "Living our Authentic Self," and is being hosted at Jericho House in the Niagara Region from May 27-29.

We invite anyone who identifies as male to join us.

To learn more and register, click on the link below.

**REGISTER NOW** 



# HELP SUPPORT LGBTQ+ UKRAINIANS NOW!

We are hearing news of LGBTQ Ukrainians arriving in Canada!

Do you or someone you know have space for a short-term solution while they look for a permanent place or a long-term place to offer at market or below market value?

Please let us know as we seek to connect refugees to resources and housing solutions. Email us at refugeepeersupport@mcctoronto.com

**Musical Guest** 



Cailin Stadnyk is our Offertory Performer this Sunday!

Cailin is a singer, actor, dancer and motion capture performer who is currently with the company of hit musical Come From Away. Since her professional career began over 20 years ago, she has become a respected and sought-after leading lady in the musical theatre world.

She has starred in productions for many of Canada's top theatre companies, garnering multiple Ovation Award and Jessie Award nominations. She won an Ovation Award for her portrayal of Fanny Brice in the hit musical *Funny Girl* (Arts Club Theatre).

When not performing, Cailin can usually be found in the woods with her partner, Michael, and their dog, Rigby! Visit www.cailinstadnyk.com for more info.

May 1 | 11 AM | MCC Toronto's YouTube Channel

**CLICK HERE TO JOIN THIS SERVICE ONLINE** 

## Emotional Relief for Scary Times | May 1 @ 12:15 PM

Reminder! The Depression Initiative will be holding a special Emotional Relief Worship on **May 1** following the 11 AM Sunday Worship Service. All are welcome to attend.

Psychotherapist Sue Cooperstock will teach participants an easy tapping technique (Emotional Freedom Techniques or "EFT") that can be used anytime to help take us back to feelings of safety, hope and connection.

The workshop will be hosted in the Triangle Program.

Want to learn more? Email Linda at Irleenders@gmail.com

### **New Spiritual Practices Online Program | Launching May 5**



Life is challenging and unpredictable.
Change is uncomfortable and exciting.
Supporting our mental health through life's changes matters.

#### "How Our Spiritual Practices Support Our Mental Health Through Life's Changes"

Hosted by Valerie De Souza, a Spiritually Integrated Counsellor, Educator and Registered Psychotherapist (Qualifying), this new 4-week Spiritual Practices Program explores how our mental health, as part of our overall health, can be supported by our Christian spiritual practices.

Weekly Spiritual Practice Themes:

- May 5: Sacred Music
- May 12: Sacred Texts
- May 19: Sacred Imagery
- May 26: Sacred Prayers

Sessions are FREE and occur on **ZOOM** on Thursdays from **7:00 - 8:15 PM**. Pre-registration is required.

**REGISTER NOW** 

After registering, you will receive a confirmation email containing information about joining the sessions.

Let's connect to learn, discuss, and be community together through life's many changes!



Volunteers have always been at the heart of MCC Toronto. We would not be the strong, inclusive and welcoming community we are, without the support and dedication of volunteers who help support our Worship Services and our other public programs.

To sign up for these or other opportunities, please click the link below.

SIGN UP TO VOLUNTEER HERE



Taking care of each other is more important than ever these days, and if you are in need of some care we are here for you. Just hop on the link below and fill out the form to let one of our pastors know about your needs.

Want to learn more? Watch this video by Rev. Junia Joplin!

REQUEST CONGREGATIONAL CARE HERE

Every Gift is a Blessing. Please consider making a gift to MCC Toronto today.

**DONATE** 

Online and In-Person Programming May 1 - 7



#### Sunday:

11 AM - Online and In-Person Palm Sunday Service12:15 AM - Emotional Relief for Scary Times1 PM - Digital Coffee Hour

#### Thursday:

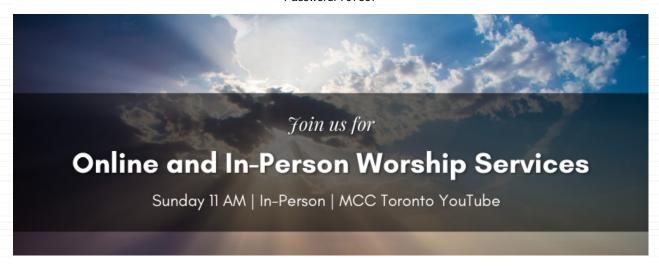
10:30 AM - Ever Wonder Group Discussion(Email: everwonder@mcctoronto.com)7 PM - Spiritual Practices Support Program



#### **Sunday Digital Coffee Hour**

Sunday | 1 PM ZOOM Link

Meeting ID: 828 3849 6709 Password: 797837



Online | 11 AM | In-person | MCC Toronto YouTube

#### **Share Us Digitally!**

If you know of anyone who might be interested in anything we're doing at MCC Toronto please invite them to join us digitally via the button below.

#### **SHARE THE QUERY HERE**



Questions? Comments? Inquires? We'd love to hear from you!

Connect with us at communications@mcctoronto.com











