



If a life can be a series of perpetual surprises, that's the most joyous experience you can have.

- Deepak Chopra



Join Us for a Major Congregational Announcement

April 24 | 11 AM Worship

In 48 hours, MCC Toronto will be making a Major Congregational Announcement this Sunday during our 11 AM Worship Service. Please join us in-person or online! You won't want to miss this!

Please also join us for a special Digital Coffee Hour at 1 PM!

**CLICK HERE TO JOIN THIS SERVICE ONLINE** 

JOIN US FOR DIGITAL COFFEE HOUR



This Sunday, MCC Toronto kicks off "Reel Theology", a 6-week sermon series on themes contained in six Academy Award nominated films. This week we begin with "Flee".

A reminder that you don't need to see the film to be able to enjoy our Lesson for Life!

April 24 May1 May 8 May 15 May 22 May 29 Flee
The Eyes of Tammy Faye
Everything Everywhere All At Once
Luca
Encanto
CODA



# MEN'S RETREAT is back!

All those who self-identify as male are welcome.

May 27-29, 2022



We're delighted to announce that after a two-year absence, MCC Toronto's Men's Retreat is back! Organized by a core committee of volunteers, led by Co-Chairs Fabian Walsh and Kevin Willcock, this annual men's pilgrimage provides an opportunity for individual and group reflection in a safe and respectful space, all the while celebrating spirituality and togetherness in a beautiful country setting. This year's Retreat is being hosted at Jericho House in the Niagara Region from May 27-29. This year's theme: "Living our Authentic Self".

We invite anyone who identifies as male to join us. All new or returning registrants are welcome!

To learn more and register, click on the link below.

**REGISTER NOW** 

# Wishing Rev. Deana Dudley a Speedy Recovery

Rev. Deana Dudley's knee surgery on Tuesday went very well! She will now be on medical leave for the next few months.

Please keep her in your prayers.

### **Musical Guests**

Julie Michels and Jackie Richardson are our special musical guests at this week's Service.



Julie is, quite simply, a woman with a beautiful voice. She sings everything and anything that catches her ear: jazz standards, rhythm and blues, Brazilian sambas, African chanting – in a world full of music, it's a banquet of sound just too delicious to pass up! She has played with George Koller, Ottawa's Chelsea Bridge, Kevin Barrett and her bands Sutra and The Parley at many popular jazz venues including the Montreal Bistro, Top of the Senator, the Rex, Hugh's Room, Ottawa's National Arts Centre, Toronto's own Statler's and Canadian and European festivals.

Julie's CDs include Singing Naked (duets with bassist George Koller), Live at Statler's (with guitarist Kevin Barrett), the soundtrack for Pivoting Echoes (debuted with one of Canada's premier dance companies, the Decidedly Jazz Danceworks) and Seriously Happy with the Royal Jelly Orchestra.

Julie is a featured artist on The Choir's second CD, Connected: Songs for the Heart, which is available for sale at our Information Centre and online on iTunes. Julie is also one third of the popular trio Broadsway, also featuring Heather Bambrick and Diane Leah. For details, go to their website: www.thebroadswayshow.com



Jackie is one of Canada's foremost singers of gospel, blues and jazz on stage and on screen. She has received the Canadian Black Achievement Award and the Toronto Blues Society Lifetime Achievement Award, and has been nominated for Dora, Juno, Jessie, Betty, Gemini and NAACP Awards. In 2011, she received a Gemini for her work in The Gospel According to the Blues. Jackie has shared the stage with countless great musicians, including Salome Bey, Celine Dion, Maureen Forrester, Oliver Jones, Anne Murray and Mavis Staples.

Jackie was made an Honorary Member of the Order of Canada in 2021.

## Emotional Relief for Scary Times | May 1 @ 12:15 PM

The Depression Initiative will be holding a special Emotional Relief Worship on **May 1** following the 11 AM Sunday Worship Service. All are welcome to attend.

Psychotherapist Sue Cooperstock will teach participants an easy tapping technique (Emotional Freedom Techniques or "EFT") that can be used anytime to help take us back to feelings of safety, hope and connection.

The workshop will be hosted in the Triangle Program.



Volunteers have always been at the heart of MCC Toronto. We would not be the strong, inclusive and welcoming community we are, without the support and dedication of volunteers who help support our Worship Services and our other public programs.

To sign up for these or other opportunities, please click the link below.



Taking care of each other is more important than ever these days, and if you are in need of some care we are here for you. Just hop on the link below and fill out the form to let one of our pastors know about your needs.

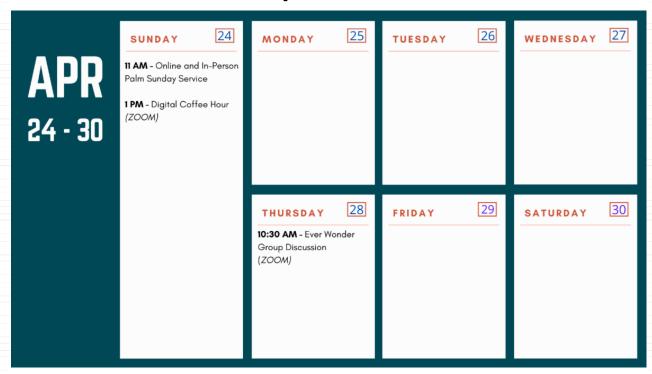
Want to learn more? Watch this video by Rev. Junia Joplin!

REQUEST CONGREGATIONAL CARE HERE

Every Gift is a Blessing. Please consider making a gift to MCC Toronto today.

**DONATE** 

# Online and In-Person Programming April 24 - 30



### Sunday:

11 AM - Online and In-Person Palm Sunday Service

1 PM - Digital Coffee Hour

### Thursday:

**10:30 AM** - Ever Wonder Group Discussion (Email: everwonder@mcctoronto.com)



### **Sunday Digital Coffee Hour**

Sunday | 1 PM ZOOM Link

Meeting ID: 828 3849 6709 Password: 797837



### Sunday Service Worship

Online | 11 AM | In-person | MCC Toronto YouTube

# **Share Us Digitally!**

If you know of anyone who might be interested in anything we're doing at MCC Toronto please invite them to join us digitally via the button below.

### **SHARE THE QUERY HERE**



Questions? Comments? Inquires? We'd love to hear from you!

Connect with us at communications@mcctoronto.com











