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God with me, God before me,  
God behind me, God within me  
God beneath me, God above me  
God on my right, God on my left  
God when I lie down, God when I sit down  
God when I rise, God within me

"The Breastplate of St. Patrick"

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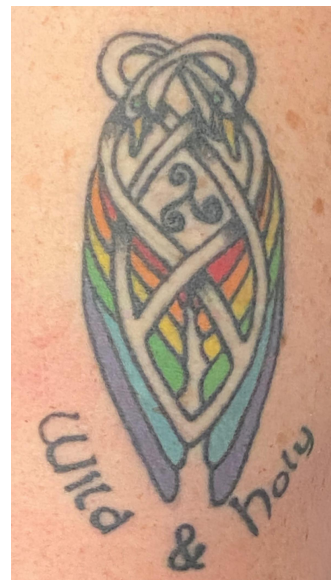
## St. Patrick's Day & Celtic Spirituality

St. Patrick's Day is almost upon us. St. Patrick, one of the patron saints of Ireland, was born in around 385 C.E., and is associated with many things – shamrocks, driving snakes out of Ireland (but he didn't), green beer (gag!), and bringing early Christianity to Ireland. In non-COVID times, Toronto and many other cities celebrate St. Patrick's day with parades.

And because Patrick brought Christian faith to Ireland (and to much of England, Scotland, and Wales as well), a very distinct kind of Celtic spirituality developed, which many people find feeds their own faith in beautiful ways. Celtic spirituality emphasizes a keen sense of the Holy Spirit's presence in our world and our lives, in nature and in relationships.

We acknowledge this particular spirituality at MCC Toronto during Lent in some of our music – last Sunday's beautiful rendition of "The Deer's Cry" by Mary Kelly, which is based on a beautiful poem attributed to St. Patrick, and also in our response to scripture reading, "God with me, God before me, God behind me, God within me..."

In much of traditional Christianity, the Holy Spirit is represented by a dove. But in Celtic Christianity, she is represented by a wild goose, because she cannot be tamed. I celebrate my own connection to Celtic spirituality with a tattoo on my right arm - a Celtic design of a wild goose, reminding me to be "wild and holy."



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# Daylight Saving



It's that time of year again to lose one hour of sleep! So, don't forget to set your clocks **one hour forward this Sunday morning**. Time change will happen at 2:00 AM.

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The Thrift Shop will be hosting a special Art Sale in the Social Hall this Saturday ( **March 12**) between 10 AM – 3 PM. David Manion and his team are promising a great selection of pictures and art – all at great prices. All proceeds go in support of MCC Toronto.

At the same time, our friends at Club Sandwich will be hosting a record sale in Room 109.

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## **Sunday Service Musical Guest**



**Jacob MacInnis** is our Offertory Performer this Sunday!

Jacob is a Toronto-based performer and visual artist. After training for three years at Sheridan College's Music Theatre Performance Program, Jacob has gone on to entertain audiences all over Turtle Island in countless musicals, concerts and cabarets. In 2014 Jacob was nominated for a Dora Mavor-Moore award, and won the Toronto Theatre Critics' Award for best supporting actor in a musical (*James and the Giant Peach*, YPT).

You can follow Jacob on Instagram [@jacobmacinnis](https://www.instagram.com/jacobmacinnis), check out their visual art [@jacobmacinnisart](https://www.instagram.com/jacobmacinnisart), or listen to their original music on Spotify, Apple Music, or anywhere you listen.

**March 13 | 11 AM | MCC Toronto's YouTube Channel**

**Join Us | New Educational Seminars**

*Of Death and Dying – Legacy Planning*



Our series of special educational seminars on Death and Dying continues with experts in their respective fields. These seminars will equip you with the tools to contemplate your own mortality, plan your will and estate and you need to prepare your own funeral, and plan your will and estate.

Congregants and community members are invited to attend all three sessions, or just those that may be of interest. There is no need to pre-register. If you have any specific questions that you would like the moderators to address, please forward them to [giving@mcctoronto.com](mailto:giving@mcctoronto.com).

**March 17 | 7 - 8:15 PM**

**It's When NOT If... The Benefits of Planning Your Estate and Getting Your Affairs in Order**

Led by Sarah Bull, Partner & Portfolio Manager (KJ Harrison Investors) & Lori Duffy, Senior Counsel (McCarthy Tetrault)

Sarah and Lori are experts on advising clients on the importance of having an estate plan including making a will and powers of attorney. Come prepared to hear the do's and don'ts of estate planning and to learn practical steps you need to plan for your estate.

**March 24 | 7 - 8:15 PM**

**Open Discussion on Funeral Planning**

Led by Imre Szabo, Licensed Funeral Director and Cemetery Pre-Planner Advisor & Chad VanDyk, Manager, Funeral Operations (both with the Mount Pleasant Group of Cemeteries)

With collective 40+ years of experience, Imre and Chad will present on the importance of planning for your here after.

**ATTEND SEMINARS HERE**

Meeting ID: **865 2950 0512**  
Passcode: **130418**



Volunteers have always been at the heart of MCC Toronto. We would not be the strong, inclusive and welcoming community we are, without the support and dedication of volunteers who help support our Worship Services and our other public programs. Currently we are looking for volunteers for our **Triangle Lunch Program**.

To sign up for these or other opportunities, please click the link below.

**SIGN UP TO VOLUNTEER HERE**



Taking care of each other is more important than ever these days, and if you are in need of some care we are here for you. Just hop on the link below and fill out the form to let one of our pastors know about your needs.

Want to learn more? [Watch this video by Rev. Junia Joplin!](#)

[REQUEST CONGREGATIONAL CARE HERE](#)

Every Gift is a Blessing. Please consider making a gift to MCC Toronto today.

[DONATE](#)

### Online and In-Person Programming March 13 - 19

<div>MAR</div> <div>13 - 19</div>	<div>SUNDAY 13</div> <div>11 AM - Online and In-Person Sunday Service</div> <div>1 PM - Digital Coffee Hour (ZOOM)</div>	<div>MONDAY 14</div>	<div>TUESDAY 15</div> <div>7 PM - Bible Study</div>	<div>WEDNESDAY 16</div>
		<div>THURSDAY 17</div> <div>10:30 AM - Ever Wonder Group Discussion (ZOOM)</div> <div>7 PM - It's When NOT If... The Benefits of Planning Your Estate and Getting Your Affairs in Order</div>	<div>FRIDAY 18</div>	<div>SATURDAY 19</div>

**Sunday:**  
**11 AM** - Online and In-Person Sunday Service  
**1 PM** - Digital Coffee Hour

**Tuesday:**  
**7 PM** - Bible Study

**Thursday:**  
**10:30 AM** - Ever Wonder Group Discussion  
 (Email: [everwonder@mcctoronto.com](mailto:everwonder@mcctoronto.com))

**7 PM** - It's When NOT If... The Benefits of Planning Your Estate and Getting Your Affairs in Order



**Sunday Digital Coffee Hour**

**Sunday Digital Coffee Hour**

Sunday | 1 PM

[ZOOM Link](#)

Meeting ID: 828 3849 6709

Password: 797837



**Bible Study**

**Bible Study**

Tuesday | 7 PM

[ZOOM Link](#)

Meeting ID: 860 7974 3149

Password: 337101



**Sunday Service Worship**

Online | 11 AM | In-person | MCC Toronto YouTube

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**Share Us Digitally!**

If you know of anyone who might be interested in anything we're doing at MCC Toronto please invite them to join us digitally via the button below.

**SHARE THE QUERY HERE**

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Questions? Comments? Inquires?  
We'd love to hear from you!

Connect with us at  
[communications@mcctoronto.com](mailto:communications@mcctoronto.com)



