



Food for Friends Sunday

A note from the coordinator, Ron Beben

"Each time we get approximately 15 to 30 bags of donations; we have cash donations that amount from \$100.00 to \$250.00.

The food is added to the pantry at Toronto PWA to help people who run out of funds as the month comes to the end. The cash is allocated to the Prepared Food sector. The cash we get allows Toronto PWA to purchase at lower than retail price food to prepare meals that are frozen and ready for those who might not be able to prepare their own meals because of incapacity. Toronto PWA has told us that this program is very effective and produces the best results.

Our idea has been, for some time - that a cash donation of a toonie is accessible to most people. There are many people who cannot spare money to buy a bag of groceries to donate but they can spare a toonie (the cost of a cup of coffee) a few times a year.

We are truly appreciative of anything anyone can give. It is a blessing to this very worthwhile program of sharing with those less fortunate than we."